



Aging Unit of Iron County

December 2014



MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.		Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.		Saxon 893-2333 Tues. to Thurs		Springstead - Wed 476-2113 or 1-800-950-8744	
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE	1 Beef Tips & Noodles Corn Cottage Cheese Pudding Bread, Milk	2 Sloppy Joes Wedge Fries Baked Beans Grape Juice Apple Crisp Bread, Milk Card Games	3 Roast Beef Mashed Potatoes, Green Beans Beet Salad Cake Bread, Milk Bingo Games	4 Lemon Chicken Pasta, Carrots Tossed Salad Jello Bread, Milk	5 Chili, Carrot Salad Pear Cobbler Corn Bread, Milk	6 items may be changed without notice. All substituted items meet or exceed USDA standards for your RDA.	
	7	8 Barbeque Chicken Tater Tots Stir Fry Vegetables Fruit Cocktail Pudding Bread, Milk	9 Chef's Choice Braised Pork & Veggies Apple Sauce Bread, Milk Cake Card Games	10 Swiss Steak Mashed Potatoes, Wax Beans Tomato Juice Ice Cream Bread, Milk Bingo Games	11 Ham Baked Potatoes Country Blend Pea Salad Apple Pie Bread, Milk	12 Pizza Pasta Salad Peach Cobbler Bread, Milk	13
14	15 Italian Chicken Alfredo Fettuccine Broccoli Cottage Cheese Pudding Bread, Milk	16 Christmas Party Chicken Cordon Blue Twice Baked Potato Candied Carrots Cream Cheese Bars Fruit Salad Bread, Milk Card Games	17 Spaghetti with Meat Sauce Corn Tossed Salad Jello Bread, Milk Bingo Games	18 Salisbury Steak Egg Noodles Green Beans Copper Penny Apple Crisp Bread, Milk	19 Lemon Pepper Fish, Wild Rice Scandinavian Blend Coleslaw Cinnamon Rolls Bread, Milk	20	
21 Merry Christmas	22 Barbeque Pork Baked Potatoes Broccoli Fruit Cocktail Pudding Bread, Milk	23 Stuffed Green Peppers Country Blend Tossed Salad Peaches & Cream Bars Bread, Milk Card Games	24 Closed	25 Closed	26 Closed	27	
28	29 Pot Roast Baked Potatoes Carrots Cottage Cheese Pudding Bread, Milk	30 Swedish Meat Balls Noodles Green Beans 7-Layer Salad Cake Bread, Milk Card Games	31 Closed HAPPY NEW YEAR 2014!! 				This menu has been approved by Mary Jo Coleman, Registered Dietician.